



Powerful You! Women's Network

Word of the Month
June 2017

Networking with a Heart!™ 

CONSCIOUSNESS

1. What does this word mean to you?
2. How does this word make you *feel*?
3. How important is to you to be 'conscious'...
 - a. In your relationships
 - b. In your business
 - c. In your physical abilities
 - d. In your own life (mindset, heart space, etc.)
4. Do you discuss being 'conscious' with your family? Friends? People you work with? Or do you think it's a personal 'inner' thing?
5. Do you think you can tell if someone is living their life consciously? What do you notice about them?
6. Based on this discussion, do you anticipate making any changes?

Share with the group...

What was your moment of living more consciously?